

2020 – 2021 – O‘QUV YILIDA O‘RTA TA‘LIM  
MAKTABLARINING  
11 - SINIF O‘QUVCHILARI UCHUN INGLIZ TILI FANIDAN  
MUSTAQIL SHUG‘ULLANISH UCHUN  
**IMTIHON JAVOBLARI**

*Ingliz tili 11-sinf*

**1-BILET**

1. Complete the sentence.

*He'll give it to you when you **come** next Saturday.*

2. What is leadership? What qualities should leaders have?

Whether running own business or leading teams in an office setting, the best leaders require a strong set of leadership qualities to help positively interact with their employees, team members, and clients.

A true leader has enough open-mindedness to understand their followers' motivations, hopes, dreams, and problems. They can forge a deep personal connection with them. Empathy is understanding. Leaders should act a certain way and there are some negative qualities that leaders should never exhibit. Some of these are: 1. Fail to set clear goals for their teams. 2. Insult or degrade people.

While some leaders seem like they were naturally born that way, leadership skills can be learned. It doesn't matter if you haven't led before. There are certain characteristics, traits, and skills that ultimately build the most effective leaders

3. Introduce Uzbekistan to the foreign visitors. Speak about interesting facts about Uzbekistan.

I am going to count some interesting facts about Uzbekistan. Uzbekistan is among the five leading producers of cotton in the world. The five countries: China, USA, India, Pakistan and Uzbekistan – together produce 65% of the total amount. Regarding the export of cotton fiber, Uzbekistan is ranked third after the USA and India. Over 75% of the cotton fiber produced is exported. With regard to the population, Uzbekistan is the third largest in the CIS after Russia and Ukraine – with a population of more than 32 million. The oldest cities of Uzbekistan are more than 2750 years old. The most famous one is Samarkand which, along with Rome, is one of the oldest cities in the world. Tashkent TV Tower is the tallest in Central Asia, built in 1985 with a height of 375 meters. The Uzbeks are the third largest Turkic-speaking ethnicity in the world, after the Turks and the Azerbaijanis

**2-BILET**

1. Complete the sentence.

*You may not know them. They **have not been living** here for years.*

2. Are you afraid of exams? What do you do to overcome this fear?

If I regularly become excessively nervous before or during an important exam, I may have “testophobia”. It is mostly called “examinophobia” or “exam fever”. It is a very common phenomenon among students especially when an important examination is at my door step. It is extremely disastrous as it affects me psychologically, socially, emotionally and cognitively. In fact, even Albert Einstein suffered from exam fever, and Winston Churchill only managed to write his name when he was appearing for an entrance exam. When I was in the 9th grade, I skipped my “Maths” paper by pretending to be ill. In most cases, exam stress is caused by the fear of failing an exam and it can also be caused by: Low motivation levels. Lack of preparation and planning. High expectations from others. Exam fear is one of the common thing which you can find in every student who is going to attend exams. Though this is not very unusual but can have a negative effect when you write your exam. Some of the main reasons are stress and expectations from parents and teachers. Most of such cases can be found in students who will be attending board examinations. If students encounter exam fear or stress, they will not be able to perform well. ... Mentioned here are a few things that students need to follow to overcome exam fear or any kind of stress, the anxiety they are having during the examination time. For better understanding, we have split it into 2 sections. 1. Things to do before the exam 2. Things to do during the exam. Things to do before the exam: Stay positive.

3. How can you imagine your future after 10 years? In ten years I will be a very successful company manager who tries his best to be the best and become famous. I will try my best in order to make big deals with huge companies. Now I am planning to study business at the American University of Iraq. ... In ten years, I can imagine that I will be a good traveler who goes from a country to another. I want to see people and their cultures, their lives and behaviors. I want to be a man who sees things on real not just on TVs and radios. Traveling makes your thinking larger and makes you think in better ways. A company manager is one thing that I will be in ten years. My aims to be a company manager are very simple and clear. One help people, two leave something that makes people remember me when I pass away.

### 3-BILET

1. Fill in the gap.

*Did you buy this little book **for** 20 000 soums? It's impossible!*

2. Which city of the world you would like to visit and why?

I'd like to visit London. This is one of the most famous cities in the world! I'd like to see the famous clock tower Big Ben, Buckingham Palace and Westminster Abbey, which are the real monuments of history. I know that in London there are a lot of

museums, but I'd like to visit the museum of Madame Tussauds most of all. A special place among the sights is occupied by famous London pubs. I'd like to feel the atmosphere of old England there, which is represented in these cozy pubs. And of course, I'd like to visit the famous Ferris wheel, which is called "The London Eye"

3. What are you doing nowadays to be successful in the future?

We should understand that our success in the future depends on what we will do in the future, and not on what we did in our teenage years. It's bullshit that people set themselves up for future in their youth. It's the most ludicrous and, unfortunately for many, very common belief. ... The progress check whether a teenager is successful is doable to the extent the concerned person is clear on what he or she wants to do. The measures can be worked upon as task list to monitor progress. One has to have focus and give ones best or more than the best to be successful.

I am studying at the moment so I will have my degree for sure by then. Although, my main goal is to get a bachelor degree and to be specialist in my profession. As you can see I am not nearly done with studying yet. I think If I am stable in my plans, I will definitely achieve my goals and be successful

#### 4-BILET

1. Choose the correct word.

*In England people are always talking about the weather.*

2. What is your attitude to smoking?

My Attitude to Smoking. Smoking cigarettes is probably one of the most toxic things you can put in your body. It used to be popular back in the day, because people just wanted to do it for the thrill and because it was a common thing to do so most people tagged along and did it too. People also choose to smoke cigarettes to try to reduce stress and, but it really isn't worth getting cancer and diseases from it. Furthermore, I already knew a few things about cigarettes. ... Next, smokers should take into consideration that not only are they affecting their health, but the health of many other innocent people, children and possibly animals by them inhaling the secondhand smoke

3. Speak on the theme "My hero – my motivator".

Someone think hero this is soldier that fought for his country. Someone presents hero of the world Marvel. Someone think heroes are salvors, doctors and firemen. I think that real superheroes are parents. Specially my mom. Because ... my mom is superhero. She can everything in the world. She cooks very delicious and creates comfort in our house and teaches math in the school. She is kind mother, skilled teacher, motivator for me as well as clever wife for my father. When I am in a stress She always inspire me with her motivational words "Never be sad You are strong," And I am sure If Anyone ask me

“Who is my hero and” I will definitely say without doubt “My heroine and super motivator is my mom”

### 5-BILET

1. Mark, **who** is four, has just started at nursery school, but **his** sister goes to secondary school.

2. Speak about famous people. Why do you think they are famous?

There were hundreds of people throughout the history who are left in the memories of millions of people. They are Albert Einstein, George Washington, Princess Diana, Margaret Thatcher, Mahatma Gandhi and many others. Their impact on the world development cannot be underestimated. Most people know Albert Einstein from the picture above their blackboard and only remember that he was considered to be a very stupid person. Now I am going to speak about Albert Einstein. Albert Einstein is famous for his contributions to science, particularly his general and special theories of relativity. He also won the Nobel Prize for discovering the law of the photoelectric effect. Einstein is generally regarded as the greatest mind of the 1900s, with some claiming that Einstein’s genius is unprecedented. Although his childhood performance in the German academic institutions he attended was rather poor, Einstein compensated by developing his natural proclivity for mathematics and science

3. Do you buy products because of advertising? Do you find advertising persuasive?

I never buy anything because I see it advertised or because it is on sale. I buy what I need and when I need it. I have a friend who continually buys stuff because he has seen it advertised, or because it looks cool or because it is on sale. I don’t think I have ever bought something online because of an advertisement, unless you consider digital coupons on a store’s main site, a store I can visit physically with the coupon, buying because of adverts. Honestly, when I see an ad on a site I just assume there is malware, viruses, and other malicious intents on the other end. ... I buy things if I need that after reviewing its feedback. People do not like to be bombarded with advertising materials, and because advertisements now appear everywhere, people have developed a negative attitude towards them. And sometimes I face problems with ads. So I cannot say it is so persuasive.

### 6-BILET

1. Complete the sentence.

The Walkers have lived in this house for 15 years next year.

2. What’s parallelism? Give an example.

In grammar, parallelism, also known as parallel structure or parallel construction, is a balance within one or more sentences of similar phrases or clauses that have the same grammatical structure. The application of parallelism affects readability and may make texts easier to process. Parallelism, also known as parallel structure, is when phrases in a sentence have similar or the same grammatical structure. In its most basic usage, parallelism provides a phrase with balance and clarity. Parallelism also serves to give phrases a pattern and rhythm. For example: That's one step for man, one giant leap for mankind. When Neil Armstrong first stepped foot onto the moon, he said what would become a famous quote

3. In what ways tourism is important to develop the economy of the country?

A less developed country typically faces a current account problem at stages of its development. Various groups in the country benefit from imports, but the country's exports do not increase at the same rate. The result is an account deficit puts pressure on the value of the currency and may have inflation effects in the domestic economy. Tourism helps redress the deficit by attracting foreign travelers with, typically, convertible currencies that can be used to pay for imports. ... Tourism is now one of the world's largest industries and one of its fastest growing economic sectors. For many countries tourism is seen as a main instrument for regional development, as it stimulates new economic activities

#### 7-BILET

1. *John's coming to see you, isn't he?*

2. Did you find a similar character to yourself while you were reading a book? Describe.

Tobias Eaton Four from the Divergent Series. No, I look nothing like Theo James lol. I see this character as Brave, honest, smart, strong and independent. However, he can also be cold and find it difficult to trust others with a troubled past. Which I don't particularly relate to, but that is his character. The book Four, focused on his story, is one of my favourite books. 576 views. Sponsored by Power Thesaurus. ... This real life character portrayed beautifully in the film strikes deep into the heart. The reason i find it very similar to myself and my life is that i somewhere in my heart want to be like him. I so desperately want my life to be like his. I feel education is highly over rated.

3. What is challenging task that you really want to obtain?

Yes. If I tell about the most challenging task for me is math but I really want to learn this subject because math is needy subject for not only me but also all people.

Even I am trying hard I always encounter with solving problems. Mostly difficult for is solving core, fractions and different problems. I usually have problems with them. But It will seem funny to others I am really good to solve elementary mathematics. No I am not going to stop learn as, one day, Of course I will achieve my aims despite of some challenging.

### 8-BILET

1. Complete the sentence. *If you heat ice, it melts.*

2. What kind of jobs can teenagers do?

The kind of jobs teenagers can do. Delivering newspapers. Many teenagers will get up early to deliver newspapers to houses in their local area before going to school. They are known as Paperboys or Papergirls. Babysitting. Looking after young children in their home whilst their parents have gone out for the evening is a popular job for teenagers, as they get paid for watching children and television all at the same time! Helping the Milkman on his round. From the age of 14 some teenagers help the milkman deliver milk to houses. Other popular jobs include: Agricultural or horticultural work.

3. Speak on the theme “Environmental problems”

Environment is the natural habitat that surrounds us everywhere. Over the last decades, people have built so many harmful factories that environment started to suffer. Some environmental problems are really urgent in modern society. The problems we are facing air pollution, water pollution, global warming, nuclear pollution, the disappearance of certain animal species, etc.

There are numerous reasons for such vast pollution of the surrounding environment on our planet. First of all, today there are so many petrol-driven cars in the streets. In search of newer and newer inventions people have completely forgotten that natural resources are limited. We can't continue exhaling harmful gases into the atmosphere. Such human behavior leads not only to air pollution but also to global warming. This problem really touches all countries in the world and is considered to be global. We have never had such warm winters before. Besides, the glaciers are melting. It is one of the most serious problems in the modern world. Some scientists state that global warming is the result of industrial revolution.

Other urgent problems include water pollution and waste of certain natural resources. Water pollution is mostly the result of factory wastes. If we had reasonably treated such natural resources as water, forest, soil, our planet would be in a better shape today.

Unfortunately, not everyone cares about nature and many people think that natural resources will never end.

### **9-BILET**

1. *You met him while you were on holiday, **didn't** you?*

2. What is advertising?

Advertising is the business of drawing public attention to goods and services, and is performed through a variety of media. It is an important part of an overall promotional strategy used by businesses to sell their product. Advertising has developed as technology has advanced. From the original world of mouth and town criers of times past, to the virtual advertising possible through the use of computers, advertising has been common in most societies. There are many means of communication in the modern world. Of course, they are used not only for communication itself, for example, between two people, but also for advertising. Advertising is a significant part of the modern life. It surrounds us everywhere: billboards, articles in the newspapers, advertising videos on TV, broadsheet and so on.

On one hand, advertising is an effective way of spreading the awareness among people about the use of new and existing products. In the other hand, it stimulates people for impulsive buying by providing different promotional offers. As a result, instead of saving spend their money on purchasing unnecessary goods

3. Do you like travelling and why?

I like travelling. On summer holiday we travel all around Uzbekistan with my family. We enjoy travelling to historical cities of Uzbekistan. We often travel by car. But sometimes we travel by train or plane. They are much faster means of transport and you arrive your destination quite early. Last year we visited to Bukhara and Khiva. These cities are very famous. Especially historical buildings are very attractive. I really like visting Ichan kala in Khiva. You can find a lot of well-kept historical buildings. You feel yourself as if you are previous centuries. We are also planning to visit other countries. This year our destination will be Kazakhstan. I really look forward to seeing Ahmad Yassaviy monument there. I really enjoy travelling. I think every person time by time should travel to different places. It really helps them to recover their energy and get new impressions

### **10-BILET**

1. *The farmer, **whose** name is John, sold us 10 kilos of rice last week.*



2. Speak about the Aral Sea. What industry has suffered because of the shrinking of the Aral Sea?

The Aral Sea is situated in Central Asia, between the Southern part of Kazakhstan and Northern Uzbekistan. Up until the third quarter of the 20th century it was the world's fourth largest saline lake, and contained 10grams of salt per liter. The two rivers that feed it are the Amu Darya and Syr Darya rivers, respectively reaching the Sea through the South and the North. And that is the biggest ecologic problem not only for Uzbekistan but for all Asian countries. And it also impacts on population living around Aral Sea.

Ecological problems. The Aral Sea, in 2003, had shrunk to well under half of the area it had covered fifty years before. The major ecological problem is that diversion of the Amu Darya and Syr Darya rivers for irrigation has shrunk the Aral Sea dramatically; the Aral Sea has been drying up for about 40 years. This has brought about a number of ecological and economic problems for the sea and the surrounding area.

3. How sleeping is important to our health? How many hours should we sleep every day?

Sleep is important to your physical and mental health. Researchers reveal how many hours of sleep you need to be more productive. ... So, even if you regularly get less than eight hours of sleep, you may still have a productive and positive day if your rest is generally comfortable, deep, and uninterrupted. Here's How Many Hours Of Sleep You Need To Be Productive. "Sleep is the golden chain that binds health and our bodies together." said Thomas Dekker. The 8-hours-a-night requirement is a myth. ... Additionally, not every person needs that many hours of rest. Instead, you have to listen to your body for the cues. If you're tired and falling asleep while at work, that says a lot about the quality of your rest from the previous night

### 11-BILET

1. Bob said that Emma and Mary both had gone to the party
2. Have you ever read a fiction book in English? What is your learning from it?

Fiction helps you understand people and their individual back stories, motivations, and relationships with others. Novels with especially intricate characterization, such as Stephen King's The Shining, force you to take a step back and identify why people do the things they do. Commentary from the author and other characters in the book allows you to take a rare look into someone's mind and their personal truths, and understanding how people feel and react to certain situations. It is useful when communicating in your daily life.

When reading novels, readers are often less judgmental to characters as we continue to learn about their struggles. Usually, we end up sympathizing with the protagonist because we feel as both of us have gone on an emotional journey together through the whole book. I feel that if we were this patient when communicating and interacting with people in our everyday lives, then we would be a more understanding and empathetic community.

3. What is the pros and cons of advertisements?

Now I am going to show pros and cons of advertisements for businesses and consumers. ... The customer reaps untold benefits from advertisement, at least which is the ability to get informed about various products. If you are thinking of buying an under eye cream, you will not have to reach for the same product you have been using for so long; thanks to advertising, the different manufactures producing the same product will showcase their items, and you will get to choose from a wide array of options. And Cons of advertising. All said and done, everything is not as great as it looks. There is a darker side to advertisements that must be mentioned. Surely advertising has a lot of drawbacks. First of all, it often gets on the nerves, especially of old people who can't buy expensive goods. Then, advertising creates a little problem: streets near metro stations are often covered with leaflets, and walls – with posters. A lot of people get irritated when their favorite film or program is interrupted by a commercial. Of course, they can go and make some tea or coffee during a break or make a phone call, but it's not a great argument.

### 12-BILET

1. *Neither Tom nor Sarah worked for this company during the pandemic.*

2. Speak on the theme “Plagiarism”. How can you avoid plagiarism?

Plagiarism is the representation of another author's language, thoughts, ideas, or expressions as one's own original work. In educational contexts, there are differing definitions of plagiarism depending on the institution. How to avoid plagiarism. We all know plagiarism is wrong, but avoiding it can be tricky. There are many different ways to commit plagiarism, and it's possible to plagiarize accidentally. One of the downsides of the bountiful information readily available on the internet is that it makes it a lot easier to plagiarize. ... With that in mind, the best thing I can do to arm myself, against plagiarism is to educate yourself.

3. Have you ever tried to sell anything? What was it? How did you sell it?

I've thought about selling off some stuff. But I don't have the time. I have a friend who does it. She makes a lot of money but stays at it constantly. She goes to estate sales, garage sales, get items from all her friends and sells them. I know she makes a profit. Not always, but that is her full time job now. She quit nursing and does this. She loves it. She a shopaholic like the rest of us and gets to buy stuff, sell stuff she doesn't want or need and then shop for some more to sell. If I had the time, I'd definitely try it!!! Millions have made millions!!!

### 13-BILET

1. *You should **quit** smoking; it is harmful to your health.  
We must **carry on** working because we have to finish by noon.*

2. Speak about the advantages and disadvantages of studying abroad.

The advantages of studying abroad include learning a new language, boosting your résumé and experiencing new things, while the disadvantages include crippling homesickness, high costs and cultural barriers. Send My Bag will explore each of these advantages and disadvantages of studying abroad in more detail. Advantages of studying abroad. It makes people much more interesting. It's a cliché, but studying abroad really does broaden your horizons. Being in a foreign country and seeing how other cultures approach life makes you challenge your assumptions. It makes you see things from another point.

3. What can we do to save the Earth? Give solutions.

We can save our planet earth by various things such as we can save the trees, natural resources, natural vegetation, water, electricity. We can also stop the global warming and also have to measure to control the environmental pollution. Save of the water. We always pay attention during the uses of water because water is life. ... During the brushing our teeth, you should turn off the water, so you will do the huge thing conserve water. We can keep the 200 gallons of water a day during avoid of the leaky toilet. People should try to use of drinking tap water because it can maintain the packaging of water. Always We try to use the cold water for wash the clothes when you can. Reduce greenhouse gasses.

### 14-BILET

1. I already have chosen my essay topic.

2. What's the most prospective service-based business in our country?

The most prospective service-based business is named “Rele va avtomatika”. President of our country Shavkat Mirziyoyev reviewed the constructive works, the pace of implementation of social-economic projects, the activity of schools on 12 April. The Head of our state visited "Rele va avtomatika" joint-stock company in Chilonzor district. ... The plant produces metallic and plastic goods of 100 types, low-voltage devices and renders corresponding services. A necessary infrastructure for enhancing production is available here. 10 new investment projects are planned for implementation in 2017-2018 in the unoccupied facilities of the joint-stock company. As a result of their implementation, production of paper for cash registers and terminals, knitwear, hydraulic oils, plastic pipes and fittings, propylene bags, acryl and stationeries will be launched.

3. Speak on the theme “Time management”. How do you efficiently use your time?

Time management is the process of planning and exercising conscious control of time spent on specific activities, especially to increase effectiveness, efficiency, and productivity. It involves a juggling act of various demands upon a person relating to work, social life, family, hobbies, personal interests. Time management is an important skill to cultivate. It can help me make the most out of each day, leading to success in areas like work and school. To manage my time, use your time productively by working in the right environment and prioritizing tasks. Minimize distractions by shutting off your phone and social media when necessary. Make sure to follow a daily schedule that allows you to make the most out of each day.

### 15-BILET

1. Put the correct verb to complete the question tag.

*I'm going in your car, aren't I?*

2. Speak about the teenage problems. How do you cope with stress?

Teens often face a lot of problems in their relations with parents, teachers and friends. Sometimes they are teased or bullied by their elder brothers or other peers. They also need to be free and independent, so they can feel ashamed while going shopping with their mothers, for example. ... One of the main problems among teenage girls is their worry about the body image. They compare themselves with other beautiful and fit girls in their class or even some celebrities and they strongly wish to look like them. This unhealthy self-esteem leads to serious eating disorders and such illnesses as anorexia and bulimia. Girls refuse to eat food in order to change their body shape and to become skinny and then gradually they can't eat at all. As regards me, I am vulnerabe to stress

and, as a consequence of it, depression. Every time I give up fighting stress, I have depression. But most often, I try to cope with it. For example, I try to occupy myself with affairs not connected with my problems that have caused the stress. Another way that sometimes helps me is to share my problems with my mother. Because The best motivator is my mother.

### 3. Why is student life is considered golden period?

It is said that “student life is golden life,” because student life is the most important part of human life. It is the period of pure joy and happiness, because the mind of a student is free from cares and worries of a grown-up life. In this period, the character of man is built. So, it is called the formative period of human life. Every student should try his best to make the best use of his student life. A student should spend most of his time of this golden period in reading and learning. A good student never waste his time fixed for reading uselessly. But he must not be a book-worm being. Students are the future hope of country. So every student should try to be the best citizen in all respect, so that he may serve his country as far as he can

## 16-BILET

1. *John asked if I had bought a new camera*

2. Speak about the team building. What are the characteristics of a successful team? Successful teams encourage team members to share ideas, consider solutions and solve problems together. Good teams benefit individual members by offering added support and opportunities for development. Successful teams typically have the following characteristics ..To build a successful team, each member should maintain accountability. When each member is held accountable, they typically do their best work. You can establish this type of accountability by setting a good example with your own work, encouraging your team members to discuss ways to improve and making a point of implementing feedback. By encouraging group accountability, your team members can find a sense of belonging and purpose.

3. What should we do in order to develop tourism in Uzbekistan?

Tourists want to feel like they are a part of the culture. If you can give them those things, tourism will improve in Uzbekistan.

Tourism is one of the fast growing and high income-generating industries in the world, which contributes to strengthening of international socio-economic, cultural and spiritual relationships. Uzbekistan pays considerable attention to the development of tourism as one of the leading countries in the world, having rich cultural and historical potential. However, study and analysis of this issue raised a wide layer of problems,

related to the development of tourism. And I think Tourism will develop If Uzbekistan government pay attention to the infrastructures like flying to other countries, visas, service of hotels for foreigners and visitors. If they go back their country with good impression this is one of the ways to improve tourism in Uzbekistan too.

### 17-BILET

1. *Can you give me back the book **which** I lent you last month?*
2. What is marketing? Speak about the successful marketing techniques.

Marketing refers to activities a company undertakes to promote the buying or selling of a product, service, or good. It is one of the primary components of business management and commerce. Marketers can direct their product to other businesses or directly to consumers.

The success of a marketing strategy depends on its ability to understand its target market. The marketer who could understand and efficiently articulate what customers and competitors are doing has a good foundation marketing skill. Becoming the voice of the client is especially valuable to a business. Those marketers who could collect both quantitative and qualitative data about clients and then present that data to executives in such a strategic way are so valuable.

3. Look at the quote about learning languages and give your idea. “You live a new life for every new language you speak. If you know only one language, you live only once.”

You live a new life for every new language you speak. If you know only one language, you live only once. Emigration. When We move to a different country or region, learning the local language will help us to communicate and integrate with the local community. ... Knowledge of foreign languages may also increase our chances of finding a new job, getting a promotion or a transfer overseas, or of going on foreign business trips. Many business people don't bother to learn other languages because they believe that most of the people they do business with in foreign countries can speak English, and if they don't speak English, interpreters can be used. The lack of foreign language knowledge puts the speakers at a disadvantage.

### 18-BILET

- 1.– What do you want for lunch?  
– *I would like to eat pizza or sandwich.*
2. What kind of qualities should a good member of the team have?

Successful teams encourage team members to share ideas, consider solutions and solve problems together. Good teams benefit individual members by offering added support and opportunities for development. Successful teams typically have the following characteristics. To build a successful team, each member should maintain accountability. When each member is held accountable, they typically do their best work. You can establish this type of accountability by setting a good example with your own work, encouraging your team members to discuss ways to improve and making a point of implementing feedback. By encouraging group accountability, your team members can find a sense of belonging and purpose.

3. Speak on the theme “Healthy lifestyle”. What should we do to be fit?

People should jog as far as they can or do sit-ups or press-ups as long as people can. If individuals run two kilometers without being exhausted then they are fit. If we are a man who is keen on sports then tennis or swimming, basketball or weightlifting will help us not only to develop our stamina but to make friends, to be in good mood, to have fun and get rid of tension. Doing sport will give us moments of joy and pleasure especially if we are able to improve our performance and set a record. If we are a student or pupil PE lessons play an important role in our wish to be physically fit. What matters is a number of exercises we get and a sensible method of organizing active games at the lesson that a teacher practices. Sport is not the only way to look after ourselves.

### 19-BILET

1. *She **has been going** to the cinema every weekend for years.*

2. How are you preparing to achieve your goals?

I should actively take part in classroom activities as well by answering the questions of my teachers and clearing my doubts. Being attentive in the class helps students to understand better. ... Always work hard and hard until I get success. If you are not good at something, don't just ignore it and try to focus on it. Always I stay committed toward my studies and try to stay focused while I study.

Being successful means to achieve our goals and score good marks so that I am taking part in extra lessons for my future. I have lots of aims to achieve but for that I have to try hard. Good students prioritize their work so that the most important tasks get the most attention and I try to be as them. I also balance my time between school, work and social life and often intentionally build relaxation time into my schedules. The ability to properly prioritize is very important in students' post-college careers and lives. ... I've seen lots of very smart students get tripped up on this. They feel like they should be

smart enough to figure out everything on their own. I hesitant to ask for help because they think it makes them look dumb or lazy.

3. How do you act when you make a mistake? How do you explain your action?

Making mistakes always made me grow and learn something from them. Of course, they sometimes embarrassed me and I decided not to make mistakes any more, but making mistakes is very humane. Making mistakes is part of being human. Still, we're often troubled by our mistakes, even when we remember that many mistakes turn out to be great gifts. So If I do any mistake in my life I try to calm down myself and admit them anyway. I do a mental triage to assess how serious the mistake is, the people it affects, and how soon it needs to get fixed. ... If I do not act quickly, and put off tending to the problem, it will only make me feel more stressed, and the problem could get bigger with the passing of time. Think about solutions. Start thinking about solutions.

### 20-BILET

1. Complete the sentence.

*They have been attending this school **since** 2017.*

2. How do international organizations help to solve problems?

Uzbekistan is a member of the following international organizations: United Nations World Bank Asian Development Bank, European Bank for Reconstruction and Development. International Monetary Fund. Food and Agriculture Organization of the United Nations. Euro-Atlantic Partnership Council. Partnership for Peace. And now I am going to tell about Partnership for Peace. International Monetary Fund. Many occasions we read in Newspapers or in different journals regarding the International Monetary Fund. IMF has done this, IMF has done that and many more The International Monetary Fund or IMF is an institution meant for providing financial aid and bestow financial stability to its different member countries at international level. It primarily aims for the eradication of global poverty by ensuring sustainable economic growth. IMF also takes a significant role in promoting international trade, commerce, employment creation.

3. How feedback about your performance is important? How often do you give feedback?

A performance is an act of staging or presenting a play, concert, or other form of entertainment. It is also defined as the action or process of carrying out or accomplishing an action, task, or function. In the work place, job performance is the hypothesized conception or requirements of a role. Positive feedback is the best for all as me. If I do any performance, I try to hear good and impressive feedbacks that I



always remember with inspiration. Because Good feedback makes anyone to work on themselves. I do not give feedback more often but If I have to give feedback to someones work, I try to give and tell nice words to others.

## 21-BILET

1. *John and Mary have lived together **for** ten years.*

2. Speak on the theme “Online classes”. What are the good and bad sides of online studying?

Online classes benefits are with the ability to study anywhere, online learners can complete coursework at home, a coffee shop, or a library. This advantage of online learning allows students to work in the environment that best suits them. As new online degree- and certificate-seekers research different places, they should focus on those that offer a reliable internet connection and few distractions. ... Learning online can help students hone the technical skills they need on the job. New skills can include the ability to use new software suites, perform in-depth research online, and communicate effectively online in various formats such as discussion boards and teleconferencing. Online classes normally use virtual discussion forums, but benefits of this format are limited in classes of 20 to 25. It is difficult to get deeply engaged in conversations with other students that lead to new ways of thinking and broader cultural and diversity awareness. Increased Time and Effort. Ironically, successful online learning normally requires that students commit more time and effort than they would in a traditional class

3. What are the causes of deforestation? Give solutions.

Deforestation can be defined as the removal of a forest with the purpose of converting this land into non-forest use. After deforestation, the land can now be used for ranches, farms or also for urban purposes. There are several harmful effects of deforestation on the environmental system. For example, deforestation can cause a loss in biodiversity and can also indirectly contribute to the global warming problem. ... Deforestation is a severe cause of global warming since, after fossil fuel combustion, it is the second-largest anthropogenic source of carbon dioxide. Carbon dioxide is produced in the burning of forest biomass and by the decomposition of plant material. Forests are also a natural carbon sink.

Trees play a vital role in protecting our environment in several ways. Fewer forests mean that the sustainability of our planet earth is endangered. So far, there are actions and measures that are being undertaken to curtail deforestation, a move towards saving our natural environment and repairing the damage that has been caused for more than a century. The quickest solution would be to just stop the cutting down of trees.

## 22-BILET

1. *My car is broken. I should **have my car repaired**.*

2. What factors help you to get your dream job?

The first big step to getting my dream job is identifying what roles, positions, or skills make you feel happy and fulfilled. My dream job should be a position that I truly love to do, day in and day out, despite any challenges or obstacles that I may come across. Think back to any times when I were happiest and the most fulfilled. I can also ease into my new career by keeping my full-time job and taking night classes that will help me get one step closer to my dream.

3. Speak about the volunteer activities. How important are they in our life?

Volunteering is about giving your time to a good cause. You don't get paid, but you do get the chance to use your talents, develop new skills, and experience the pleasure that comes from making a real difference to other people's lives, as well as your own. Volunteering is important because volunteer helps the organization to get in touch with the community of its surroundings, integrates employees and contributes to team building, changes the perspective from which the employees in the organization look at it – it becomes not only a place to earn money, but also is a place where the employee may pursue other goals in life; builds a sense of relationship with the employer, under which the employee has the opportunity, along with other socially useful to do something;

## 23-BILET

1. *I **will be watching TV tomorrow at this time**.*

2. What is paraphrasing?

Paraphrase is one of three ways of using another writer's work in your own writing, the other two being quotation and summary. The aim of paraphrasing is to change the words in the original text, while keeping the same meaning. This is different from quotation, which has the same words as well as the same meaning. As the words have been changed, a paraphrase should not use quotation marks. Paraphrasing is presenting ideas and information in your own words and acknowledging where they come from. By using your own words, you demonstrate your understanding and your ability to convey this information. Watch this short video to gain an understanding of the steps involved in paraphrasing and to learn some tips for

how to do it effectively. You may find it useful to pause the video at each of the steps so you can read the example text. Key Points Identified in the Video: We have identified 5 steps involved with paraphrasing.

3. What kind of skills you should have in order to be a successful?

These are the five life skills required to become successful in life, I should concentrate on to be a rock star in my professional life. No, building life skills are not easy. But I don't need to do something gigantic to be extra-ordinary at these life skills. I just need to take one tiny step each day and over time each tiny step would create momentum and after a year or so I would be pretty good at practicing these life skills. From the above life skills, pick one to begin with. Don't start all of the life skills at one. Begin with one. Follow the 'Do it now' and practice it day in... .. Take them seriously. Life skill required to become successful in life and cornerstones of career success. All in One Personal Development

#### 24-BILET

1. *Global warming wouldn't have happened if ~~people had not~~ polluted the environment*

2. What are the steps of successful career planning? Who do you think is a successful person?

The first step to successfully plan your career is to understand your own interests, strengths, weaknesses, and goals. Begin by asking yourself the following questions –. What do I enjoy doing? What motivates me? What am I good at? What are the things I am bad at? What kind of lifestyle do I want in the future? What are my personal goals? Who gives this question to and try to find positive answer for himself, is really successful person. Successful career Planning Steps: 1. Carry out a detailed career research and collect vital information on the careers that interests you the most. 2. Categorize your next career move. Having examined several career paths, it is time to narrow down the options and focus your attention on any one or two careers. 3. Pinpoint the required qualifications and skills you should have to progress to the next step in your career or to make the move to a fresh career path. ... A successful career plan is a purposeful and orderly method for investigating where you really are in your career, determining where you would like to be and then incorporating smart goal setting to reach there. These tips will definitely help you in developing a successful career plan.

3. What can visitors see in your home town?

I live in Samarkand. Samarkand is one of the highlights of Uzbekistan and one of the cities that you must visit during your trip. This small town is packed with strikingly

beautiful architecture and so much history. Add in delicious cuisine and cute shops, all in close proximity so it's easy to walk everywhere. ... There are several rules that visitors are asked to follow during a visit to the Shah-i-Zinda Mausoleum, namely to dress modestly in respect to the deceased. It is also forbidden to take photos next to the tombstones, to sit on them, to speak loudly, to behave badly, to put money on graves, or to sacrifice animals on the graves. ... As you enter you'll immediately see the dance floor where locals are dancing to the loud club music. The food is great, alcohol is cheap, and you really can't beat the people watching!

### 25-BILET

1. *Many wildlife habitats will be destroyed if mankind **keeps** polluting the environment.*
2. What is your opinion about e-learning? Is it good or bad?

E learning is completely a new way of learning using electronic media, most importantly internet. In last few years e-learning emerged as a new way to deliver online education. ... E-Learning or Online learning is so popular because of its numerous advantages such as: One can study at the comfort of his home. The commuting time can be saved and utilize for studying purposes. Online classes normally use virtual discussion forums, but benefits of this format are limited in classes of 20 to 25. It is difficult to get deeply engaged in conversations with other students that lead to new ways of thinking and broader cultural and diversity awareness. Increased Time and Effort. Ironically, successful online learning normally requires that students commit more time and effort than they would in a traditional learning.

### 26-BILET

1. Put the adjective in the correct form.  
*The water in this jar is **less** comparing to the other one.*
2. Speak on the theme "Internet safety".

Internet safety or online safety or cyber safety or E-Safety is trying to be safe on the internet and is the act of maximizing a user's awareness of personal safety and security risks to private information and property associated with using the internet, and the self-protection from computer crime. As the number of internet users continues to grow worldwide.

Internet safety is important to secure online transactions and while using digital wallets in mobiles. Especially kids, teenagers, and less computer and internet literate people cheated more on the Internet. It's really important for parents to check that aren't they

falling into trap of harmful activities online. Generally, the internet does not harm us until we choose to react to suspicious content and websites. The first reason for internet harm is when you don't know what you're doing.

3. Can we gain life experiences from books and movies? Give examples.

The books are their experiences, telling us what they already have tried. Thus from their experiences we can correct ourselves and thus save valuable time and resources. It helps us to concentrate on their failures and to correct them, but they alone cannot teach us everything we need to know. The knowledge learned through books alone cannot help us to face all the exigencies that we would face in real life situations; we have to practice on our own. ... In my opinion life's valuable lessons are learnt from experience and so the knowledge gained from experience is more important. Books are a great source of information. A person in his lifetime cannot experience everything, but by reading a book on a particular subject he can gain knowledge over that subject in less time. And for example I have read a book named "Armonli dunyo" I have seen many states in my life as It is written in the book Even If I did not experienced.

#### 27-BILET

1. *He likes neither chocolate nor ice-cream*

2. Why is tourism important for our country?

Uzbekistan's tourism potential and its development are provided by the state. In this regard, the public policy is developed and its main areas have been adopted. That is, the important role of the state in the development of the tourism sector, the tourism sector has been regulated by the following features ... This is the result of a direct effect on the economy of tourism. Tourism is fulfilling an important role in the economy of some countries: -source of employment and serves to solve the problem of the balance of payments; -domestic product indicator is rising ... As a result, the tourism industry in the first years of our independence, there was a need to establish an independent national organization.

3. Advantages and disadvantages of using social nets.

Social networks have its own advantages and disadvantages. While I agree that it eats up a lot of productive time of professionals and students, we can't deny the advantages it offers. Read this article to compare the advantages and disadvantages of social networking websites. ... Disadvantages of social networking. The main disadvantage from the social networks is it makes the users to addict in it. On a report based on the

Facebook study is telling that an average teenager spends more than 60 hours a month in front of the Facebook. ... So there are many advantages with social networks but the most important thing that user need to remember is use it wisely and care about yourself to keep you safe from different social networking problems. But Advantage is in the social nets we can take many interesting information about everything we need, we can translate foreign languages which we do not know, we can take any information we need. If we do not have a chance to read a book, we can take their electronic version and read. We can use any vocabularies. This day we have quarantine, everyone should sit at home and we a have online lessons, if we do not understand the theme we can see it again in the social nets and if someone do not understand he can ask to his teacher easily.

### 28-BILET

1. Complete the sentence.

*If we do not stop cutting down so many trees, we will endanger our oxygen supply.*

2. Speak about shopping in your country. How often do you shop?

I go shopping every two weeks. I take the bus to the supermarket nearby. and it takes me about twenty minutes to go there by bus. What do you like to buy? I buy sportswear, shoes or snacks like yogurt or sunflower seeds. ... Sometimes, I buy books or CD's. There is a supermarket called Peace Plaza near my home and I go there for shopping. My mother does shopping frequently and she buys food, drinks, shampoo nearly every week. What do you think of online shopping? Well, I am afraid that my money will be taken away from my account as the security of the credit card is a problem. But I have to say that online shopping saves me a lot of trouble.

3. What is the importance of literature in education?

Literature is the foundation of life. It places an emphasis on many topics from human tragedies to tales of the ever-popular search for love. While it is physically written in words, these words come alive in the imagination of the mind, and its ability to comprehend the complexity or simplicity of the text. Literature is great importance and is studied as it provides the ability to connect human relationships and define what is right and what is wrong.

### 29-BILET

1. Complete the sentence using gerund.

*One of the main requirements of this job is being a multilingual.*

2. Speak about formal and informal writing. Compare.

Both formal and informal writing is used in our day to day life but in different situations. We just need to think about the reader and the topic of your discussion, before choosing the writing style. ... The informal style of writing is one used for personal and casual conversation, friendly and colloquial language is used. In an informal writing style, personal and emotional tone is used, and the reader is directly referred by the words 'you' or 'your'. It is used when writing personal emails, text messages, letters to friends and family etc. It is a direct form of writing which uses

3. Speak on the theme "Youth organizations in Uzbekistan".

The Union of Youth of Uzbekistan is a youth organization that is engaged in the consistent and effective implementation of state youth policy, the all-round support of youth, the radical reform of the system for protecting its rights and legitimate interests, taking into account the opinions and proposals of the general public, especially representatives of youth. The organization of targeted work to provide material and moral support to young families, young people with disabilities and in need of social protection, create decent housing and social conditions for them; active participation in early warning and prevention of youth crime and crime.

### 30-BILET

1. *You can freely choose any lesson, but some of them are compulsory to graduate.*

2. Speak about the online shopping. Have you ever done online shopping? What are the advantages and disadvantages of online shopping?  
I have a vast experience in online shopping i bought many things including electronic item fashion items kitchenwares watches and many more my experience is fantastic at most of the time but sometimes i end. ... i shop on line all the time. I never never had any major issues, but then again, I am in a different country with many differing circumstances. If you like shopping on line, I will recommend you to try AliExpress. they are the largest on line retailer on the planet... Shopping online is as easy as, well clicking on a link or sending some emails. Before you know, the money is out of your account and the parcel arrives. ... Online shopping is a quick, convenient way to buy almost any product you could possibly imagine. While there are some risks shopping this way, if you know how to identify a secure online store, and how to protect yourself, People should be able to shop with confidence.

Disadvantages of online shopping. 1. Delay in delivery. 2. Lack of significant discounts in online shops. 3. Lack of touch and feel of merchandise in online shopping. 4. Lack of interactivity in online shopping. 5. Lack of shopping experience.

3. Speak about the pandemic? How does it affect to our life?

Pandemic has changed our lives for good and also for the bad. Social distance is a bit annoying. But staying home actually helps you to think a lot about yourself and your family. And it has helped me with that. you have plenty of time to set future goals and to rethink about the mistakes you've done with your work and to think about the things you've been forgotten within the past years or months. It may be a second chance for someone to prove their innocence, worth, courage, dedication, kindness

**bellashuv.uz**